

Breville®



3.5 litre capacity **slow cooker**

instruction booklet

selection of recipes **included**



READ CAREFULLY AND KEEP FOR FUTURE REFERENCE

This product can be used by children aged 8 years and above, and persons who require supervision, provided:

- **they are familiar with the hazards associated with the product, and,**
- **they receive instruction by a competent person on how to safely use the product.**

Children must not play with the product. Cleaning and user maintenance must not be done by children unless they are aged 8 or older and are supervised.

If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.



- ⚠ Allow adequate space above and on all sides for air circulation. Do not allow the appliance to touch any flammable material during use (such as curtains or wall coverings). Do not use under a wall cupboard.
- ⚠ Ensure the appliance is switched off and unplugged from the supply socket after use and before cleaning.
- ⚠ Always allow the appliance to cool before cleaning or storing.
- ⚠ Use extreme caution when moving the appliance when it contains hot food or hot liquids.
- ⚠ The power cord is not replaceable by the user. Always return the appliance if the power cord is damaged to avoid any hazard.
- ⚠ Do not use the appliance if it has been dropped or if there are any visible signs of damage.
- ⚠ Never use this appliance for anything other than its intended use. This appliance is for household use only. Do not use this appliance outdoors
- ⚠ Never immerse any part of the appliance or power cord and plug in water or any other liquid.
- ⚠ Never let the power cord hang over the edge of a work top, touch hot surfaces or become knotted, trapped or pinched.
- ⚠ This appliance must not be placed on or near any potentially hot surfaces (such as a gas or electric hob).
- ⚠ Do not touch the external surfaces of the appliance during use as they may become very hot. Use oven gloves or a cloth when removing the lid. Beware of escaping steam when removing the lid.
- ⚠ Never operate the appliance if it is empty or without the lid fitted or if the lid is cracked or damaged.
- ⚠ Don't place the stoneware cooking pot on any surface affected by heat. Always place the pot onto a trivet or insulated mat. Be careful when placing the cooking pot directly onto delicate or polished surfaces because the base of the pot is unglazed and can cause scratches or other marks. We recommend placing protective padding under the pot to protect these types of surface.



1 Glass lid

The glass lid allows you to check cooking progress without having to remove it. Dishwasher safe.

2 Removable ceramic cooking pot

Removable ceramic cooking pot distributes heat efficiently and evenly. Dishwasher safe.

3 Handles

4 Cooker body

5 Control panel

6 Power indicator

7 Temperature control

The temperature control allows you to select the required cooking power. There are three settings:

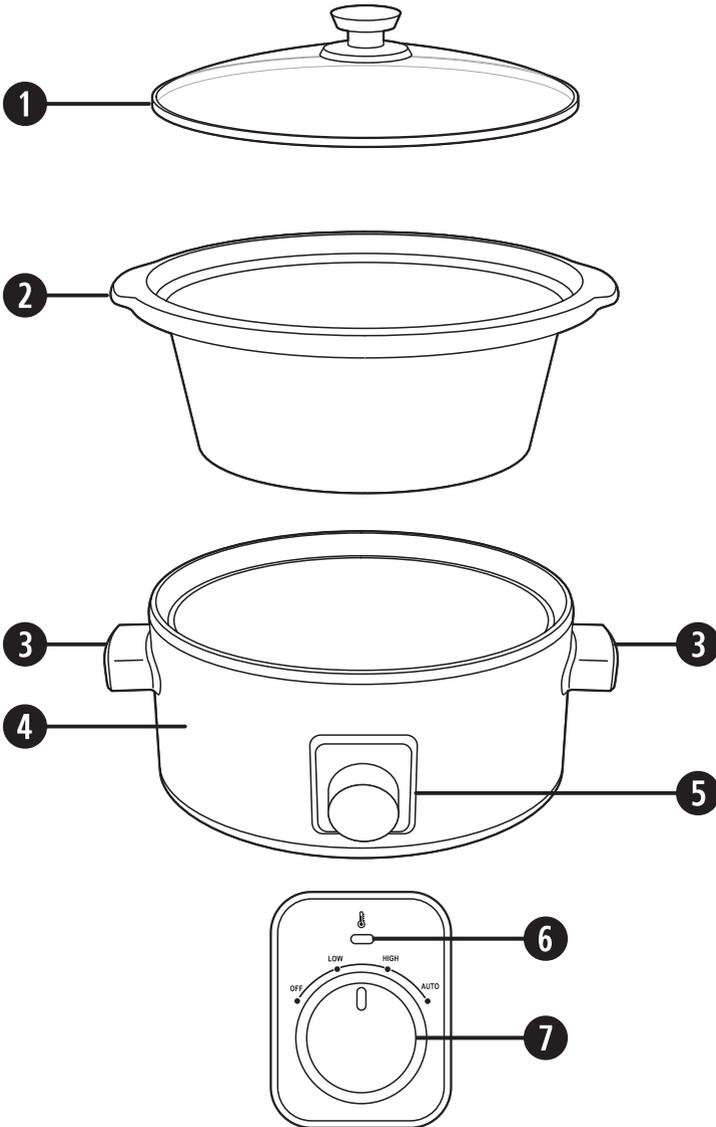
LOW: The low setting gently simmers the food for an extended period of time. It can also be used as a keep warm function which is useful whilst waiting to serve the meal. This setting is recommended for cheaper cuts of red meat.

HIGH: The high setting is used when cooking dried beans or pulses and will cook food in half the time required for the low setting. Use this setting for paler meat such as chicken.

AUTO: The auto setting will first cook on a high temperature and then reduce automatically to a lower heat setting. This setting is ideal for slow cooking meals overnight or when you are away for most of the day.



parts overview



Due to our policy of continuous improvement, the actual product may differ slightly from the one illustrated in these instructions.

using your slow cooker

Before first use

▲ Make sure your slow cooker is switched off and unplugged from the mains supply socket before cleaning. Never immerse the base of the cooker body, cord or plug in water or any other liquid.

Before using your slow cooker for the first time, wash the ceramic cooking bowl and glass lid in warm, soapy water. Rinse and dry thoroughly. Do not use harsh abrasives, chemicals or oven cleaners. Using a damp cloth or sponge, wipe the exterior and interior of the cooker body. Use a mild detergent solution.

Using your slow cooker

▲ During use the glass lid and ceramic cooking pot will get very hot. Always handle with care and use oven gloves.

Always check that the food is thoroughly cooked before serving.

Position your slow cooker on a dry, flat, stable surface away from any potential heat source (hob, oven, etc.). Make sure that the mains lead does not hang over the work surface edge.

1. Place the ceramic cooking pot inside your slow cooker's base. Ensure the ceramic cooking pot is positioned correctly before continuing.
2. Add the prepared ingredients into the ceramic cooking pot. Never put food or liquid into the body of your slow cooker, always use the ceramic cooking pot. Don't overfill the pot. We recommend not to fill it more than two thirds full.
3. Place the glass lid onto the ceramic cooking pot.
4. Plug your slow cooker into a suitable mains supply. Set the temperature control to the desired setting.

LOW: The low setting gently simmers the food for an extended period of time. It can also be used as a keep warm function which is useful whilst waiting to serve the meal. This setting is perfect for cheaper cuts of red meat.

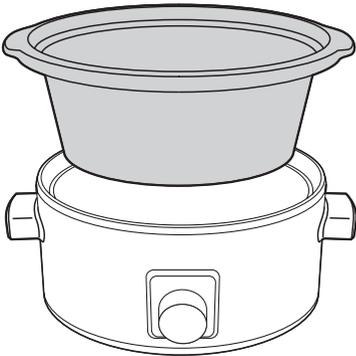
HIGH: The high setting is used when cooking dried beans or pulses and will cook food in half the time required for the low setting. The food will boil on the high setting and it may be necessary to add extra liquid depending on the recipe and the amount of time in which it is cooked. Food should be occasionally monitored when using the high setting. Cooking time is 4-8 hours. Use this setting for paler meats such as chicken.

AUTO: The auto setting will first cook on a high temperature and then reduce automatically to a lower heat setting. This setting is ideal for slow cooking meals overnight or when you are away for most of the day.

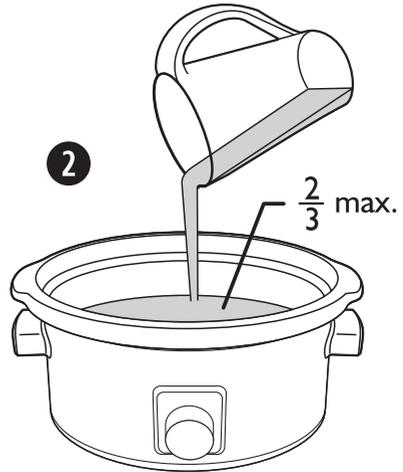
Once you have set the temperature control dial the power indicator will illuminate and the cooker will start cooking.



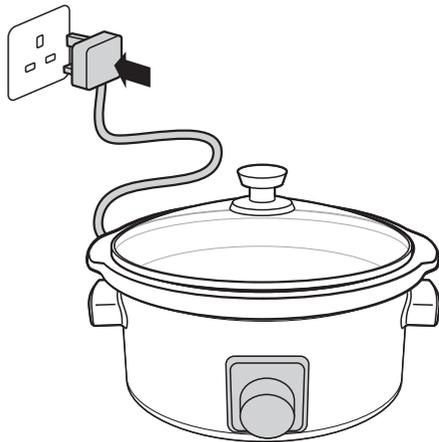
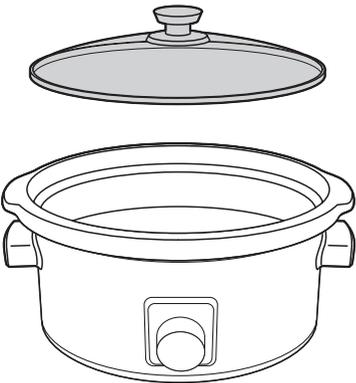
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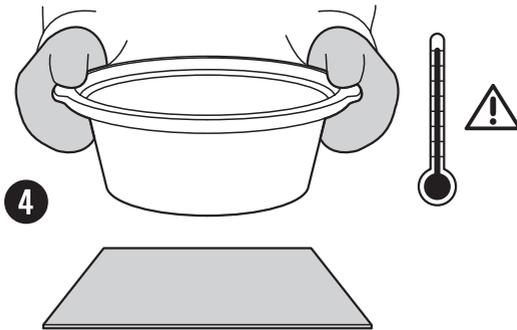
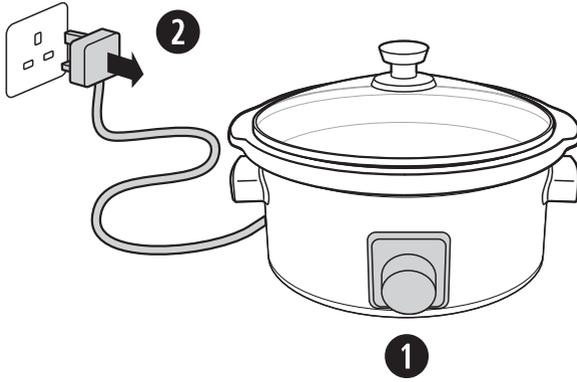
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using your slow cooker

Your slow cooker works by building up heat and maintaining an even temperature. For the best results do not remove the glass lid before half the cooking time has elapsed. The glass lid allows you to monitor cooking progress without interrupting the cooking time.

If you aren't going to serve your meal straight away, you can set the temperature control of your slow cooker to LOW. This will keep your meal warm until you serve the food.

1. When cooking is finished, set the temperature control to the OFF position.
2. Unplug your slow cooker from the mains supply socket.
3. Using oven gloves, remove the glass lid. Angle the glass lid away from you as you remove it. This will allow any build up of steam to escape safely away from your hands, arms and face.
4. Carefully lift the ceramic cooking pot out of the cooker body. Place the ceramic cooking pot on a heat resistant surface. Don't place the ceramic cooking pot on any surface affected by heat. A trivet or an insulated pad is recommended.



guide to slow cooking

Adapting recipes for your slow cooker

This section is designed to help you adapt your favourite recipes so they can be cooked in your slow cooker. Many recipes can be converted to cooking in your slow cooker. Soups and stews, of course, are natural favourites. Casseroles and most meats benefit from the low temperatures and even cooking.

- Allow sufficient time for cooking.
- Do not add as much liquid as your recipe indicates. Generally, only half of the amount of liquid specified in the recipe needs to be added. This is because liquids do not boil away as in conventional cooking. Should you have too much liquid at the end of cooking, remove the lid and cook on the **HIGH** setting until the excess liquid has evaporated away.
- Many of the steps in conventional recipes may be ignored. Because vegetables don't overcook, everything can go into your slow cooker at the same time. However, milk, cream or sour cream should be added during the last hour of cooking.

Cooking time guide

Use the following table for suggested cooking times and settings when adjusting your favourite recipes. Always check that the food is thoroughly cooked before serving.

Recipe time	AUTO setting	HIGH setting
15 to 30 mins	4 to 6 hours	1.5 to 2 hours
35 to 45 mins	6 to 10 hours	3 to 4 hours
50 mins to 3 hours	8 to 18 hours	4 to 6 hours

These times are approximate and can vary depending on the ingredients and quantities.

Preparing meat and poultry

When selecting meat, look for the leanest cuts. Trim any visible fat from the meat because the slow cooking process will result in too much liquid in the form of fat. If possible, use chicken without skin. For casserole style recipes, cut the meat into cubes, approximately 2.5cm (1").

Less tender cuts of meat are ideal to use in your slow cooker because the prolonged cooking periods make them tender and tasty. The table below shows cuts suitable for use.

Meat	Cut
Beef	Brisket, shin, silverside, topside, stewing steak, braising steak
Lamb	Neck, forequarter, neck chops, shanks, shoulder chops
Pork	Leg steaks, butterfly steaks, loin chops, fillet



Browning before cooking

Pre-browning meat and poultry prior to cooking seals in the moisture intensifies the flavour and provides more tender results.

It also provides much richer flavours in other foods such as onions, peppers and leeks.

Pre-browning may take little extra time, and whilst not strictly necessary, the rewards are evident in the end result. To brown, use a non-stick pan on the stove. Use a minimal amount of oil. Without browning, some meat and poultry may appear bland when cooked in your slow cooker.

Roasting

Roasting in your slow cooker results in tender, flavoursome meats which are easy to slice. The long, slow covered cooking process breaks down and softens the connective tissues within the meats, therefore the cheaper cuts of meat provide perfect results cooked by this method.

The addition of liquids is not necessary for roasting. A minimal amount is required for pot-roasting. Raise the meat to be roasted on an inverted heatproof plate or saucer so the meat is kept free of any fat released throughout the cooking process. Suitable cuts for roasting include:

Meat	Cut
Beef	Blade, fillet, rump, sirloin, silverside, topside
Lamb	Leg, mid loin, rack, shank, shoulders, mini roast
Pork	Loin, neck, leg, racks

Suitable cuts for pot roasting include:

Meat	Cut
Beef	Blade, chunk, round, silverside, skirt, topside
Lamb	Forequarter, shank, shoulder
Pork	Loin, neck

Preparing vegetables

A characteristic of slow cooking is that vegetables generally cook much slower than most meat. Most vegetables should be cut into small bite sized pieces and placed near to the sides and as close to the bottom of the ceramic pot as possible. Meat should then be placed on top of the vegetables. Carrots should be peeled and placed where they will be completely covered by liquid. Frozen vegetables should be thawed before adding to other foods in your slow cooker.



Pasta and rice

If a recipe requires noodles, macaroni etc. to be added, cook on a conventional stove until slightly tender and add to your slow cooker during the last 30 minutes of cooking. To use rice, stir in with the other ingredients and add $\frac{1}{4}$ cup extra of liquid for every $\frac{1}{4}$ cup of rice. Long grain rice gives better results.

Herbs and spices

Leaf or whole herbs and spices are preferred. As the flavour of these is stronger, it is recommended to use half the suggested amount. If using ground or dried herbs and spices, add during the last hour of cooking. Always taste and season before serving.

Milk and cream

Milk, cream and sour cream tend to break down during extended cooking. When possible, add during the last hour of cooking.



⚠ Always unplug your slow cooker before cleaning it. Never immerse the cooker body, mains lead or plug in water or any other liquid. Never use harsh abrasive cleaners or cleaning materials.

Before cleaning

- Ensure the temperature control is set to the 'OFF' position.
- Ensure the slow cooker is switched off and unplugged at the mains supply.
- Allow all parts of the cooker to cool completely. To prevent damage to the glass lid and ceramic cooking pot, avoid severe temperatures changes, direct heat or sudden cooling.

Cleaning the ceramic cooking pot and glass lid

- Remove the ceramic cooking pot and glass lid. Wash the ceramic cooking pot and glass lid in warm, soapy water. Rinse and dry thoroughly.
- The glass lid and ceramic cooking pot can be washed in a dishwasher.
- To remove stubborn stains and foodstuff from the ceramic cooking pot, fill it 2/3 full with warm soapy water and leave it to soak. Rinse and dry thoroughly.

Cleaning the cooker body

The interior and exterior of the cooker body can be wiped with a soft, damp cloth.

recipes

LEEK AND POTATO SOUP - Serves 4

- 25g butter
 - 250g potatoes, thinly sliced
 - 450g leeks, thinly sliced
 - 20g flour
 - 500ml chicken stock
 - salt and pepper to taste
 - 150ml milk
1. Heat the butter in a large pan and fry the vegetables for 2-3 minutes.
 2. Stir in the flour and add the stock.
 3. Season to taste.
 4. Bring to the boil, stirring all the time.
 5. Place soup mixture into the cooker.
 6. Cover and cook on high for 3 hours, Auto for 4 hours or low for 6-7 hours.
 7. Add the milk and cook for a further 30 minutes.

For a healthier recipe why not replace the butter with vegetable oil?

CHILLI CON CARNE - Serves 4

- 1 tbsp vegetable oil
 - 1 onion, chopped
 - 500g minced beef
 - 400g can tomatoes
 - 400g can kidney beans
 - 1 clove garlic, crushed
 - 2 tbsp tomato puree
 - 2 tsp chilli powder
 - Half of a beef stock cube, dissolved in 100ml hot water
 - Salt and pepper
1. Heat the oil in a large, non-stick pan. Add the onions and cook for a few minutes until softened. Drain off excess oil and add the onions to the cooking pot.
 2. Brown the mince in the same pan, in batches if necessary. Drain any excess fat and add the mince to the cooking pot.
 3. Add the remaining ingredients to the cooking pot and stir well. Season to taste.
 4. Cover and cook on high for 3 hours, Auto for 5 hours or low for 6-7 hours.



BEEF AND VEGETABLES IN A RED WINE SAUCE - Serves 4

- 600g stewing steak
 - 1 tbsp vegetable oil
 - 2 small carrots, chopped
 - 2 small stalks of celery, chopped
 - 120g button mushrooms, sliced
 - 1 onion, chopped
 - 25g flour
 - 400g chopped tomatoes
 - 1 tbsp tomato puree
 - 225ml beef stock
 - 150ml red wine
 - 1tsp dried mixed herbs
 - large pinch of salt and pepper
 - 1 bay leaf
1. Place the flour into a large bowl and season with salt and pepper. Add the beef to the flour and coat the beef removing any excess flour.
 2. Heat the vegetable oil in a large frying pan and brown the beef, (in batches if using a large quantity). Add to the cooking pot
 3. Add the remaining ingredients and stir well to combine.
 4. Cover and cook on High for 4-5 hours, Auto for 6-7 hours or Low for 8-9 hours.

CHUNKY VEGETABLE CHILLI - Serves 4

- 1 medium courgette, diced
 - 1 medium green pepper, diced
 - 1 small onion, chopped
 - 1 medium stick of celery, chopped
 - 2 cloves of garlic finely chopped
 - 2 tsp chilli powder
 - 400g can chopped tomatoes
 - 198g can sweetcorn, drained
 - 400g can kidney beans
 - 1 tbsp tomato puree
 - 200ml vegetable stock
1. Add the ingredients to the slow cooker. Stir.
 2. Cover and cook on high for 4-5 hours, Auto for 6-7 hours or low for 7-8 hours.
 3. To serve, ladle into bowls and top with a spoonful of soured cream.



⚠ This appliance must be earthed.

This appliance is fitted with either a moulded or rewirable BS1363, 13 amp plug. The fuse should be rated at 3 amps and be ASTA approved to BS1362.

If the fuse in a moulded plug needs to be changed, the fuse cover must be refitted. The appliance must not be used without the fuse cover fitted.

If the plug is unsuitable, it should be dismantled and removed from the supply cord and an appropriate plug fitted as detailed below. If you remove the plug it must not be connected to a 13 amp socket and the plug must be disposed of immediately.

The wires of the mains lead are coloured in accordance with the following code:

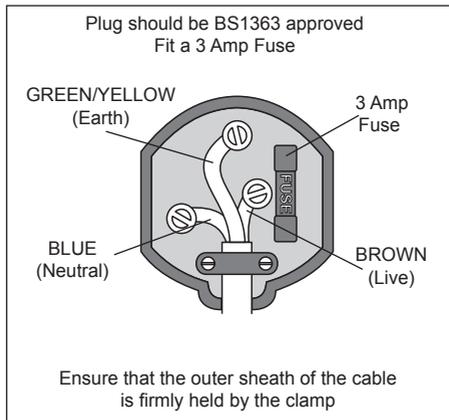
GREEN/YELLOW = EARTH BLUE = NEUTRAL BROWN = LIVE

The wire which is coloured GREEN/YELLOW must be connected to the terminal in your plug which is marked with an E or by the earth symbol (\perp) or coloured GREEN or GREEN /YELLOW.

The wire which is coloured BLUE must be connected to the terminal in your plug which is marked with the letter N or coloured BLACK.

The wire which is coloured BROWN must be connected to the terminal in your plug which is marked with the letter L or coloured RED.

If any other plug is used, a 3 amp fuse must be fitted either in the plug or adaptor or at the distributor board.





These appliances are built to the very highest of standards. There are no user serviceable parts. Follow these steps if the unit fails to operate:

1. Check the instructions have been followed correctly.
2. Check that the fuse has not blown.
3. Check that the mains supply is functional.

If the appliance will still not operate, return the appliance to the place it was purchased for a replacement. To return the appliance to the Customer Service Department, follow the steps below:

1. Pack it carefully (preferably in the original carton). Ensure the unit is clean.
2. Enclose your name and address and quote the model number on all correspondence.
3. Give the reason why you are returning it.
4. If within the guarantee period, state when and where it was purchased and include proof of purchase (e.g. till receipt).
5. Send it to our Customer Service Department at the address below:

Customer Service Department
Jarden Consumer Solutions (Europe) Limited
Middleton Road
Royton
Oldham
OL2 5LN, UK.
Telephone: 0161 621 6900 Fax: 0161 626 0391
e-mail: info@pulse-uk.co.uk



Please keep your receipt as this will be required for any claims under this guarantee.

This appliance is guaranteed for 1 year after your purchase as described in this document.

During this guaranteed period, if in the unlikely event the appliance no longer functions due to a design or manufacturing fault, please take it back to the place of purchase, with your till receipt and a copy of this guarantee.

The rights and benefits under this guarantee are additional to your statutory rights, which are not affected by this guarantee. Only Jarden Consumer Solutions (Europe) Limited. ("JCS (Europe)") has the right to change these terms.

JCS (Europe) undertakes within the guarantee period to repair or replace the appliance, or any part of appliance found to be not working properly free of charge provided that:

- you promptly notify the place of purchase or JCS (Europe) of the problem; and
- the appliance has not been altered in any way or subjected to damage, misuse, abuse, repair or alteration by a person other than a person authorised by JCS (Europe).

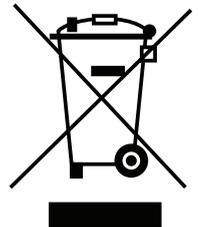
Faults that occur through, improper use, damage, abuse, use with incorrect voltage, acts of nature, events beyond the control of JCS (Europe), repair or alteration by a person other than a person authorised by JCS (Europe) or failure to follow instructions for use are not covered by this guarantee. Additionally, normal wear and tear, including, but not limited to, minor discoloration and scratches are not covered by this guarantee.

The rights under this guarantee shall only apply to the original purchaser and shall not extend to commercial or communal use.

If your appliance includes a country-specific guarantee or warranty insert please refer to the terms and conditions of such guarantee or warranty in place of this guarantee or contact your local authorized dealer for more information.

Waste electrical products should not be disposed of with Household waste. Please recycle where facilities exist. E-mail us at enquiries info@pulse-uk.co.uk for further recycling and WEEE information.

Jarden Consumer Solutions (Europe) Limited
Middleton Road
Royton
Oldham
OL2 5LN
UK





replacement parts

For replacement parts, phone our Customer Service Department on 0161 621 6900. They will give you up to date prices, inclusive of VAT and postage and packaging.

You may then send a cheque or postal order for the correct amount made payable to Pulse Home Products Ltd, with the order form printed below (or a photocopy of it) to our Customer Service Department.

Name			
Address	<hr/> <hr/> <hr/> <hr/> <hr/>		
Postcode			
Product	Part number	Description	Quantity
VTP183/VTP185	91364	Glass Lid	
	91365	Ceramic Cooking Pot	
I enclose a cheque for £ _____ in full payment			

Breville 

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The product you buy may differ from the one shown due to
continuing product development. One (1) Year Limited Warranty—see inside for details.
Jarden Consumer Solutions (Europe) Limited is a subsidiary of Jarden Corporation (NYSE:JAH).
Made in PRC

www.breville.co.uk